AYURING

AyuRing is a smart wearable ring that enables continuous monitoring of key physiological parameters, delivering structured real-time insights through a connected mobile application to support sustained health awareness and trend-based assessment.

Heart Rate

ECG

SpO$_2$

Heart Rate Variability (HRV)

Stress

Sleep Stage Analysis

Activity Tracking

Skin Temperature

Range Based Glucose Estimates

Range Based Creatinine Estimates

Range Based Blood Pressure Estimates